

Step 9

Preparation for discharge



Knowledge
Breast
Sick

25 - 26 กรกฎาคม
โรงแรมเซ็นจูรี่

5th international Conference on Breastfeeding Sick Babies
(Panel Discussion : KM Sharing and Knowledge Fulfilling on 5/10 Steps Breastfeeding Premature Babies)

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The success of preparing breast feeding for sick baby before discharging

Contents

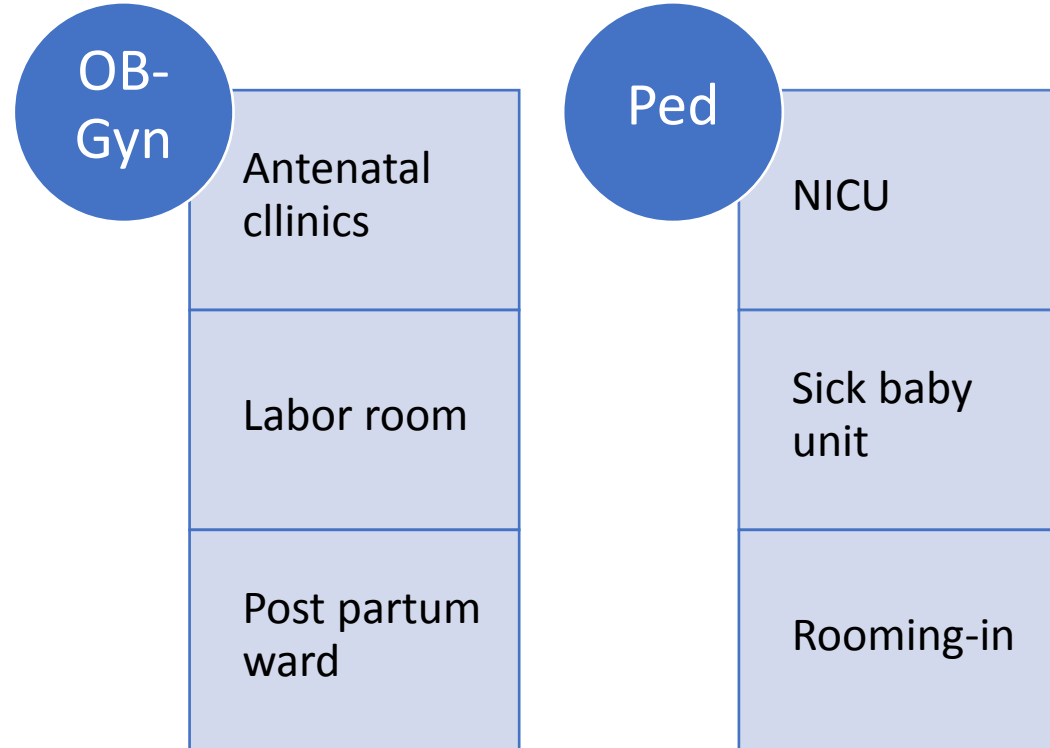
- Preparation just start at the beginning
- Well cooperation between the team
- Groups classification
- Process of rooming-in and evaluation
- Criteria fitting for discharge
- Continuing quality improvement

Preparation just start at the beginning

- The more early of the start, the more detail you get and the chance to be success is close to your dream
- When to start
- At high risk ANC clinic
- At labor room (high risk pregnant woman)
- At NICU
- At step 1 of BF in sick baby
- Not at one day before discharge

Well cooperation between the team

- The cooperation and harmony from related departments



- Home-visits, outreach services and in social gatherings

Groups classification

1. Teenage mom



- Bonding
- Primary care giver
- Return to educational system

2. Mom who needs social support



- Collaborate with social worker
- More multidisciplinary teams
- Post-discharge needs

Group classification

3. Employed mom



- Maternity / Paternity leave
- Pregnant woman's right , labour law and regulation (1998)
- Career path
- Foreigner / outlander

4. Housewife mom



- Warm family, elders, husband
- Single mom
- Other problems (family centered care)

Process of rooming-in and evaluation

- Need to adjust to the context of individual hospital
- Room type and vacancy
- Chronological order management
- Criteria for readiness of both mom and baby/babies

Process of rooming-in and evaluation

Baby readiness

Physical maturity
(chronological age)

Progression of 10 steps in BF

Mom readiness

Emotional, belief, religion

Attitudes, Free time

Distance from house to hospital

Criteria fitting for discharge

- The goal is corresponding with the teaching program of the institute
- The check list may be use to make sure to complete the whole evaluation
- Setting clear goal
- Good communication between HCWs, continuous monitoring and follow up un-pass goal with avoid duplicating works
- Criteria for discharge the baby (general/specific)

Criteria fitting for discharge

baby

Feeding well

- Maturity
- Sucking and swallowing ability
- Sleep-wake cycle

mom

Learning hungry cue / milk production

- Confident
- Problem solving skills
- Contact list (when needs help)

Continuing quality improvement

- Data gathering
- Information database
- Case review/conference
- Monitoring successful of BF after discharge
- Developing new strategy to improve the outcome

Summary...

- Preparing for discharge or discharge planning is a major way to enhanced smooth transition for patient from hospital to home.
- It compose of identification, assessment, goal setting, planning, implementation, coordination and evaluation.

A good beginning is half the battle.



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Thank you for your
attention

